

INSTITUTE HEALTH CENTRE



**Ambulance Contact No.: 9678780007
9678780002**

- The Institute Health centre is located within the campus, it is located amidst the hostel/residential zone and the academic zone.
- The NITS Health centre provides primary health care round the clock on all the days.
- NITS Health centre has casualty, Pharmacy, OPD facilities, 24 hours fully equipped ambulance, and a clinical laboratory working during 09:00 a.m. to 07:00 p.m.

FACILITIES

The Emergency services are available 24/7, 365 days a year. All kinds of medical emergencies are managed effectively with the infrastructure and facilities

MEDICAL EQUIPMENTS

1. ECG



2. Physiotherapy Instruments



3. Nebulizer



4. Autoclave



PHYSIOTHERAPY CLINIC

- Treatment for various musculoskeletal disorders, including post-operative cases, sports injuries, stroke, cerebral palsy.
- Pain management and Rehabilitation for sport injuries with corrective and conditioning exercises.

DENTAL CLINIC



The Health Centre has the facility to handle dental services such as scaling, filling and extraction of tooth.

AMBULANCE

24 x 7 (on all days)

Two ambulances are stationed at the institute Health centre. The ambulance is fully equipped with oxygen cylinder, lifesaving drugs, and first aid kit bag. The ambulance is provided with a Trained Emergency Medical Technician (a Paramedical Staff who will be able to operate all the instruments installed in the ambulance), who is capable to deliver pre-hospital care to stabilize the patient and transport the patient to any empanelled hospital will first aid care.



CLINICAL LABORATORY

9:00 a.m. to 7:00 p.m. (all days)

The clinical laboratory is fully functional with latest equipment and reagents. Samples of blood, urine, mucous, stool, etc., are obtained from the patients referred to the clinical laboratory by the Medical Officers of Institute for the prescribed tests. Results of the tests are reported to the doctor on the same day by the lab technician. All the tests listed under the CGHS scheme are carried out for the students and eligible employees. Testing and waste management are followed as per NABL Standards.





PHARMACY

Pharmacy inside the institute hospital is fully functional with various range of regular and emergency medicines.



OPD CLINIC



Counselling Facility

Institute health centre is available with two experienced full time counsellors for facilitating/assisting the student fraternity with necessary counselling and support as and when required for their healthy and fruitful study-life balance for a stress free professional and personal life. This facility is truly supporting our students now in the current COVID-19 pandemic situation.

Student's Counsellor (MALE)



Mr. Biplob Kumar Das , Contact no- 9101040194 / 9707670733

Email id – counsellor1@nits.ac.in or kumarbiplob5@gmail.com

Student's Counsellor (FEMALE)



Ms. Bonita Nath , Contact no- 8011022842 / 9531041634

Email id – counsellor2@nits.ac.in or bonitanathsw@gmail.com

PEOPLE

Chairman, Health Centre Committee



Prof. Binoy Krishna Roy

Department of Electrical Engineering

MEDICAL OFFICER – PERMANENT



Dr. Banibrata Chakraborty, M.B.B.S

Contact No- 7577874107

MEDICAL OFFICER – ON CONTRACT



Dr. Arindam Nath , M.B.B.S

Contact No- 9612405298

DENTAL SURGEON – ON CONTRACT



Dr. Suman Debnath , B.D.S

Contact No- 7086433501

CLINICAL LABORATORY – TECHNICIAN (ON CONTRACT)



Mr. Dipak Roy

Contact No- 8812075307

PHARMACIST – ON CONTRACT



Mr. Samanta Das

Contact No- 9706041052



Mr. Sanjit Banik

Contact No- 9101149297

STAFF NURSE

1. **Mrs. Shila Nath (Permanent)**
Contact No- 9435585916
2. **Miss. Abida Sultana (On Contract)**
Contact No- 7086885241
3. **Mrs. Moni Akura (On Contract)**
Contact No- 8822349776

VISITING CONSULTANT

Dr. (Major) Sandhya. R (Gynaecology)

Contact No- 8848656416

IN CASE OF EMERGENCY

Both the ambulance drivers are provided with an official cell phone for direct contact in case of emergency. The cell phone No. (9678780007/9678780002) of the respective ambulances are displayed for notice in every building of the institution in prominent locations (Academic & Hostel Zone, Administrative Building, common halls, sports Centre, etc.,) for call in case of an emergency.

Any student/resident requiring emergency medical management will be brought by the ambulance to the Health Centre. Doctors on duty will examine the patient in the casualty. Patient's general condition and vitals will be monitored and necessary steps will be taken to stabilize the patient. If needed, ECG will be taken immediately and required investigations will be carried out. The doctor will diagnose and manage the case accordingly.

After stabilizing the patient, those requiring secondary and tertiary management will be referred to SMCH for the needful.(approx. 1 KM from NITS)

CONTACTS

Health Centre

National Institute of Technology

Silchar, Assam, India

Ambulance Phone No- 9678780007 / 9678780002

Dr. Banibrata Chakraborty, Medical Officer (i/c) – 7577874107

Dr. ArindamNath, Medical Officer – 9612405298

Mr. Dipak Roy, Lab technician – 8812075307

AWARENESS UPDATE

During the outbreak of COVID-19 pandemic various protective measures and awareness programme has been introduced as per guidelines. Some of the key points are:-

1. **Safe use of alcohol-based hand sanitizers.**

2. **Social Distancing.**
3. **Usage of face mask.**
4. **Healthy diet.**
5. **Proper washing of hands.**
6. **Seek advice and help from Medical officers during emergency.**
7. **Avoid stress and maintain good mental health.**
8. **Avoid gathering and eliminate spread of infection.**